



Charity walk for Lobular Moon Shot Project

Information pack

The sponsored walk is from Horsham Golf Club (by Horsham FC) to Shoreham Beach to raise money for research into Lobular breast Cancer. The route will cover 20 miles, mostly following the Downs Link disused railway line, passing through Southwater, West Grinstead, Partridge Green, Henfield, Bramber and then on to Shoreham.

The walk is an invitational event, which means other groups will be participating and hopefully, Sparrows will be represented by the U18 Girls, Under 18 Boys, Under 16 Girls and Under 16 Boys teams. Parents are also welcome.

Listed below is all the information about timings, the route, volunteering and how the event will be planned. Hopefully the teams will enjoy a day of fun, team building and fundraising and be something they can look back on with a great sense of achievement.

Itinerary (with approximate times)

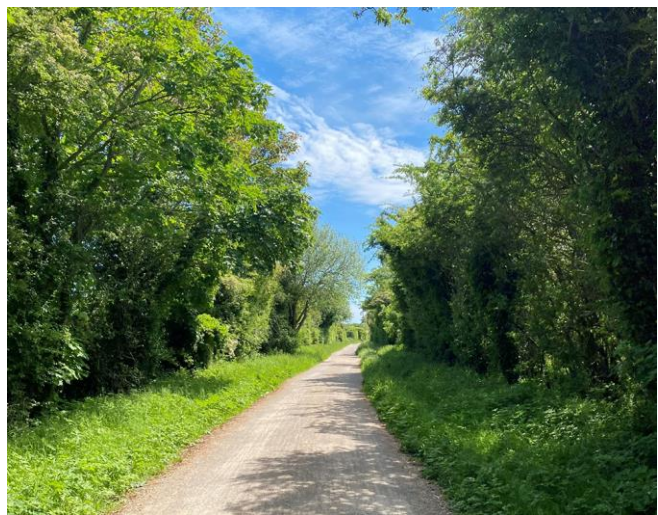
The plan is to complete the challenge in good time, but it's not a race. The group will find a natural pace that suits everyone, and everything will be put in place to make it safe and enjoyable. A support car will be on hand at several points along the way and will be used to carry additional supplies or if anyone is struggling in any way.

Each of the places listed on the route has good road access, and toilets are available at most.

Start point

The event will be on **Sunday 27th September 2026** and start at The Horsham Golf Club car park:
Worthing Road, Horsham RH13 0AX
(Parking is limited but available at the Hop Oast Park and Ride)

- Registration/meet time: 9.30 am
- Start: 10.00 am sharp



Horsham to Copsale

Distance: 4 Km

Terrain: Countryside paths then joining the Downs Link.

Copsale to West Grinstead

Distance: 2.7 Km

Terrain: Flat broad paths.

At the former West Grinstead station, we will stop for a short break, and this will be the first meet point for the support vehicle. After refreshments, we head south towards Partridge Green

Meet-up point: Cowfold Road, A272 RH13 8LY

West Grinstead to Partridge Green

Distance: 3.5 Km

Terrain: Flat, broad paths through woodland and open countryside.

The route takes us very close to The Partridge Pub, where there are toilets. This will also be the second meet point for the support car: Church Road, Partridge Green RH13 8GW

Partridge Green to Henfield

Distance: 3.7 Km

Terrain: Flat, broad paths through woodland and open countryside.

Leaving Partridge Green, we will be on a roadside path for a few hundred meters and soon pass a small café where there are also toilets. Next stop – Henfield.

Arriving in Henfield, the meet point for the car will be at the car park next to the Old Railway Pub. (Upper Station Road, Henfield BN5 9PJ). We will continue for lunch at the Cabin Café at Berretts Farm (which is another 10 mins along the route).

Hollands Lane, Browns Farm, Rye Lane, Henfield. BN5 5QY

Here we can sit down for a well-deserved lunch and drinks break before heading off towards Bramber. The organisers are hoping to arrange some live music and a pizza van

Henfield to Bramber

Distance: 5.3 Km

Terrain: The most challenging stage which starts flat then ascends some hilly terrain, followed by a country lane with a riverside finish at Bramber

Meet point: The bridge over the Adur, High Street, Bramber. BN44 3HZ

The last leg. After a short break on the riverbank, we head off towards Shoreham by Sea.



Bramber to Shoreham By Sea

Distance: 6.5 Km

Terrain: Flat paths which follow the route of the Adur. Mostly wide, with narrow points around the former Beeding Cement Factory.

The final stage follows the river path to Shoreham High Street. Crossing the road to the glass bridge, the final meet point is the car park by the Waterside Pub: Riverside Road, Shoreham, BN43 5RA.

From there it's just a couple of minutes to the beach and the end of our epic journey (Passing a superb fish and chip shop!!!)

More details can be found on a map [here](#) and we'll be walking stages 4,5 and 6.

Directions to Shoreham and where to meet at the end of the walk

Use sat nav reference: BN43 5RA

From Horsham, head to Shoreham via Henfield or the A24 and follow the A283 under the flyover.

This takes you into Shoreham. At the roundabout, go right, which takes you over the River Adur, then go left at the next roundabout. Follow this road & you'll see the car park by the Waterside pub.

Allow a good 40 minutes for the journey and don't forget, it's a pay-and-display car park (although free parking is available in some of the nearby side roads).



Safety & Risk assessment

The safety and welfare of everyone is of paramount importance and we will be careful to plan for any eventuality. This will include:

- Ensuring there are enough adult helpers who will be briefed on any potential risks and hazards
- Road safety – Although the vast majority of the route is off road, there are 3 short sections where roads are crossed
- First aid – A medical kit will be taken for the duration of the event
- Support car(s). To meet at various points along the route and to carry additional supplies / act as back up transport
- Other users – The route is popular with runners and cyclists so marshals will be at the head and back of the group to ensure warnings are given to let them pass safely.
- Keep left – We will explain that to avoid other users, a 'keep left' policy will be in place (and single file if need be). Smaller groups will be formed where the route narrows.

These points will be explained to the girls on departure and throughout the event

And finally

It would be great if there were friends and family present to greet the walkers as they finish the walk. They are also welcome to join the event along the way.

